

# DISCLAIMER

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## Jessica Rebecca Grosser

By using <https://jessicarebeccatransformation.com> (the "Site"), you agree to this Disclaimer.

Throughout this Disclaimer, the terms "I," "we," "us," and "our" refer to **Jessica Rebecca Grosser**, owner and operator of this Site. The terms "you," "your," and "user" refer to any visitor or user of the Site.

Accessing or using this Site constitutes acceptance of this Disclaimer.

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## General Disclaimer

The information provided on this Site and through any related content—including but not limited to blog posts, emails, videos, webinars, live streams, social media content, downloadable materials, and 1:1 sessions (collectively, the "Content")—is for **educational and informational purposes only**.

While care is taken in preparing the Content, **no representations or warranties** are made regarding the accuracy, completeness, reliability, suitability, or availability of any information provided. Use of the Content is at your own risk.

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## No Guarantees

Results from coaching, somatic guidance, or personal development work vary from person to person.

No guarantees are made regarding outcomes, transformation, healing, financial results, emotional shifts, or any other specific results. Any statements about potential outcomes reflect opinion or experience only and should not be interpreted as guarantees.

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## Not Medical, Psychological, or Therapeutic Advice

The Content and services provided on this Site are **not medical, psychological, psychiatric, therapeutic, or clinical services** and do not replace professional care.

Jessica Rebecca Grosser is **not a medical doctor, licensed psychologist, psychotherapist, or healthcare provider**. Nothing on this Site should be construed as medical advice, mental health treatment, diagnosis, or therapy.

You are responsible for consulting qualified professionals for medical, psychological, legal, or other professional advice when needed.

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## Personal Responsibility

You acknowledge that your participation in coaching, somatic guidance, or any Content is **voluntary** and that you are solely responsible for your physical, emotional, mental, and relational well-being, decisions, actions, and results.

You agree to use your own judgment and discretion before implementing any suggestions, practices, or information provided.

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## Lifestyle & Wellbeing Information

The Site may include information related to lifestyle, embodiment, nervous system awareness, emotional processing, nutrition, or wellbeing practices.

Any such information is offered for educational purposes only. You assume full responsibility for any decisions or actions taken based on this information. No responsibility is assumed for any adverse effects or consequences that may arise.

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## Third-Party Information & Recommendations

From time to time, third-party resources, products, or services may be referenced or recommended.

Such references do **not** constitute endorsement. Jessica Rebecca Grosser is not responsible for the content, practices, or outcomes of any third-party services and shall not be liable for any loss or damage arising from your use of them.

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## Limitation of Liability

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This includes, without limitation, loss related to personal, emotional, physical, financial, or business matters.

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## Contact

If you have any questions regarding this Disclaimer, please contact:

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**Updated:** 11.06.2024

**Last Updated:** 27.01.2026